



April
2021

Happy Easter SUNDAY, APRIL 4TH

The real meaning of Easter, is the Resurrection of Jesus Christ from the dead. To Christians, it is the most special day of the year. His resurrection offers the hope of everlasting life to everyone! The Lenten season leading up to Easter Sunday is a time of fasting, sacrifice and prayer. It is the Christian way of replicating in a small way what Christ sacrificed for us, both in his fasting and his final death on the cross.

In the US, only 10 of the 50 states recognize Good Friday as a holiday.

The exchange or giving of Easter eggs actually dates back to before Easter and the giving of eggs is actually considered a symbol of rebirth in many cultures.

The idea of the Easter bunny giving candies and eggs is said to have been originated in Germany during the middle ages. This is also when and where the Easter egg hunt originated.

There used to be a tradition that churches observed that resembled the game of "hot potato." Here, the priest would toss a hard-boiled egg to one of the choir boys. The boys would then toss the egg amongst themselves and when the clock struck 12:00, whomever had the egg was considered the winner and got to keep the egg.

The tallest Easter egg chocolate was made in Italy in 2011. It stood at 10.39 meters and weighed an astounding 15,873.28 pounds!

Spring is Finally Here

Get outside and enjoy nature!

After being cooped up indoors all winter, it will feel great to get some fresh air and sunshine. Keep comfortable with plenty of layers, a hat, or a light scarf.

Some ideas to enjoy the fresh spring air...

- Sitting in a room with windows open to the fresh air is a comfortable way to enjoy nature. Or, sit just outside to appreciate the trees and flowers.
- Walking around the building or on the nearby trails
- Eating a meal outside, make a few sandwiches, grab a friend or neighbor and enjoy a nice lunch outside.
- Plant flowers. We have open garden plots this year, so if you want to get your hands in the dirt and enjoy some time outside this spring/summer, let the office know.

Just being outdoors in the fresh air brings along with it many additional benefits, as well. These include:

- **Fresh air is good for your health.** Fresh air has been shown to help digest food more effectively, improve blood pressure and heart rate, and strengthen the immune system, leading to a healthier you
- **It makes you happier.** Nature is fuel for the soul.
- **Fresh air cleans your lungs.** Fresh air helps the airways of your lungs to dilate more fully and improves the cleansing action of your lungs.
- **You will have more energy and sharper mind.** Research shows that "spending time in fresh air, surrounded by nature, increases energy in 90 percent of people."

HAPPY Birthday



CAROLE STOKES – APRIL 3RD

VIRGINIA – APRIL 5TH

Virginia is turning 100 !!!!

DEBBIE JOHNSON- APRIL 8TH

VERNA HOPPE – APRIL 20TH

GWEN NEWMYER- APRIL 26TH

Zodiac Signs

Aries (April 1-19) are typically seen as passionate, motivated & confident leaders who have cheerful dispositions & relentless determination.

Taurus (April 20-30) are known to be intelligent, dependable, hardworking and dedicated (also stubborn).



Strawberry
Romaine
Salad

Ingredients

- 1 head romaine lettuce - rinsed, dried, and chopped
- 2 bunches fresh spinach - chopped, washed and dried
- 1 pint fresh strawberries, sliced
- 1 Bermuda onion, sliced
- 1/2 cup mayonnaise
- 2 tablespoons white wine vinegar
- 1/3 cup white sugar
- 1/4 cup milk
- 2 tablespoons poppy seeds
- Sprinkle with slivered almonds (optional)

Directions

1. In a large salad bowl, combine the romaine, spinach, strawberries and sliced onion.
2. In a jar with a tight fitting lid, combine the mayonnaise, vinegar, sugar, milk and poppy seeds. Shake well and pour the dressing over salad. Toss until evenly coated

PLEASE STOP DOWN TO THE COMMUNITY ROOM ON WEDNESDAYS (ALL DAY). WE WILL HAVE COFFEE AND TREATS AVAILABLE.

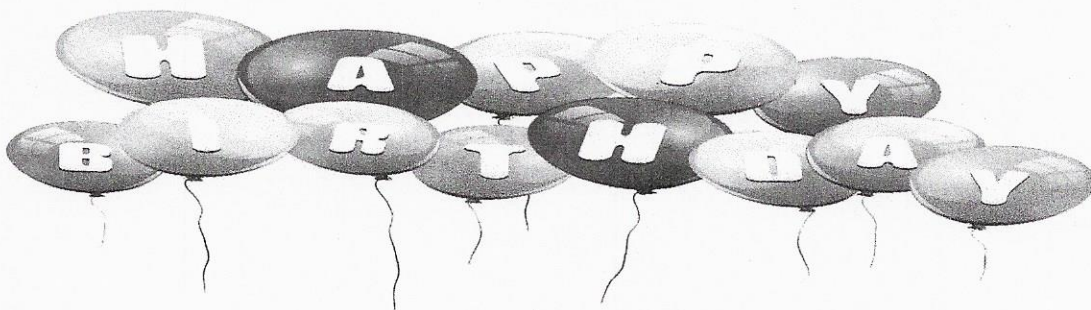


VIRGINIA IS TURNING



ON APRIL 5TH!!

**PLEASE STOP DOWN TO THE
COMMUNITY ROOM ON HER
BIRTHDAY (AFTER 10:30 AM)
AND HAVE A CUPCAKE IN HER
HONOR!**



1921 Fun Facts, Trivia and History

TRIVIA

President – Warren G. Harding

Songs – Second Hand Rose & My Man (by Fanny Brice). St. Louis Blues (by the Original Dixie Land Band).

Movies – The Kid, The Three Musketeers, The Haunted Castle and The Sheik

Most Famous Person in the World – Roscoe “Fatty” Arbuckle

US Life Expectancy: Males: 60.0 years, Females: 61.8 years

Guccio Gucci Started selling his handbags.

White Castle restaurants opened in Wichita Kansas.

Betty Crocker was not a real person – the name was created in 1921 as a way to give a personalized response to consumer product questions.

The first Miss America pageant is held in Atlantic City.

Wonder Bread began distribution.

The full-length silent comedy-drama film “The Kid”, written, produced, directed by and starring Charlie Chaplin, was released in the United States.

Pennsylvanian surgeon, Evan O’Neil Kane removed his own appendix at the age of 60. His intention was to see if a patient would be able to tolerate the surgery under local anesthetic rather than using the more dangerous general anesthetic.

Most of the 1890 US census data no longer exists due to a fire in 1921.

Willis Meadows coughed up a bullet 58 years after he was shot in the eye during the Civil War.

Oxford Shoes cost \$5.95 a pair. Chicken was 30 cents a pound. 30 rolls of toilet paper cost \$1. A floor lamp set you back \$12.98. A victrola cost \$25. You could buy a flashlight for 59 cents. Bread cost 6 cents a loaf. A nickel- plated percolator cost \$12.75. A seven- room house with a garage cost \$6,500.

Sports

The first radio baseball game was broadcast.

New York Yankee pitcher Babe Ruth hit his 138th home-run, growing that record to 714 in 1935.

Eight Chicago White Sox players were banned for life for purposefully losing the World Series to the Cincinnati Reds.

World News

The Communist Party of China was formed.

Adolf Hitler became the Chairman of the Nazi Party in his rise to power and prominence in Germany.

The Russian Great Famine of 1921/1922 killed 5 million people.

The Soviet Russia and Poland signed the Treaty of Riga, establishing a permanent border between the two countries.

Three Blondes and Easter

Three blondes died and found themselves standing before St. Peter. He told them that before they could enter the kingdom, they had to tell him what Easter represented.

The first blonde said, "Easter is a holiday where they have a big feast and we give thanks and eat turkey". St. Peter said, "Noooo," and he banished her to hell.

The second blonde said, "Easter is when we celebrate Jesus's birth and exchange gifts." St. Peter said, "Noooooo," and he banished her to hell.

The third blonde said she knew what Easter was, and St. Peter said, "So, tell me." She said, "Easter is a Christian holiday that coincides with the Jewish festival of Passover. Jesus was having Passover feast with his disciples when he was betrayed by Judas, and the Romans arrested him. The Romans hung him on the cross and eventually he dies. They then buried him in a cave behind a very large boulder. St. Peter said, "Verry good." Then the blonde continued, "Now, every year the Jewish people roll away the boulder and Jesus comes out. If he sees his shadow, we have six more weeks of basketball."

St Peter fainted.



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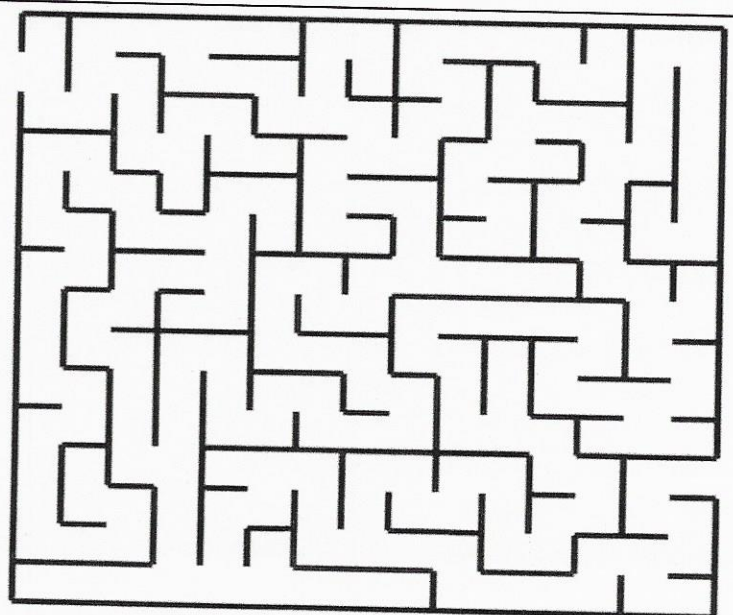


Photo Contest!

Dust off those photo albums and pull out those baby pictures and get ready to re live those memories from your childhood.

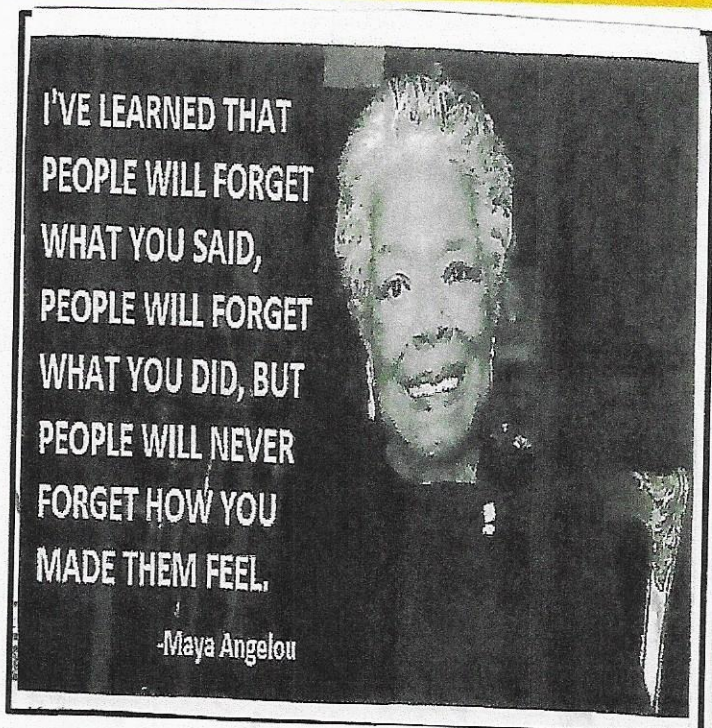
Norgard court is at it again with a new contest. Guess that baby!!!!!!

Please bring in a photo of yourself 5 years or younger & the person with the most correct guesses wins.

Please turn in your photos to the office before Monday April 26th. Starting May 1st the contest will start and run until the end of May. I will post the photos on a large board with a list of residents participating in the contest. Please turn in all guesses to Sue in the office.

Happy Guessing ☺

Please Note: I ask that you are the only one in the photo and please know that you will be getting the photos returned to you after the contest. Thank you.



NORGARD WELCOMES HAROLD AND VERNA HOPPE

Written by Jane Hirdler

Harold and Verna Hoppe moved into unit 312 in March. They moved from North Branch where they owned a four-bedroom home. As they aged the home became a lot to keep up and was too big for just the two of them so they decided to sell and rent. As we all have experienced moving is a lot of work. Harold has made many trips to the Goodwill while they decide what to keep and give away as they downsize. They said it is stressful but day by day things are settling down.

Harold comes from a large family of nine children and Verna grew up as an only child. His parents immigrated from Russia but are German in nationality. This was in 1910 – 1913 just prior to World War I.

So he is considered Russian German. German was the language spoken in the home but when he got out with others he learned the English language rather quickly

He attended school in Winthrop Minnesota and served in the military in Alaska in 1955 through 1958.

Verna on the other hand went to a one room schoolhouse until halfway in the fifth grade and then was transferred to the school in Belle Plaine, Minnesota.

She is Swedish.

One day Harold was walking around Phalen Lake with a buddy and Verna was walking with a friend of hers. Their eyes met and the rest is history. Harold and Verna started dating and about 2 years later were married. They lived in North St Paul right across from Hal Norgard's house. After about 31 years they purchased a home in North Branch, Minnesota and has lived there almost 25 years.

The marriage was blessed with 2 children. Both are girls. One lives in North St Paul and the other in New Hope. Each of the girls have two children. There are no great grandchildren.

Harold worked as a mail carrier in North St Paul from January 1959 until he retired.

Verna worked out in several jobs but the last one was for Sears in the Maplewood Mall. She was selling large appliances and worked on a commission basis. Sears changed from that to an hourly wage system and that cut her paycheck more than half so she retired.



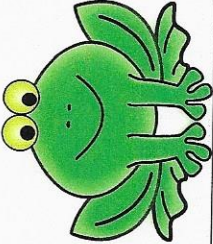


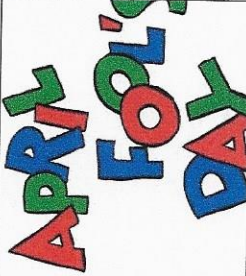

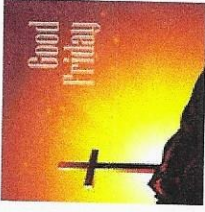

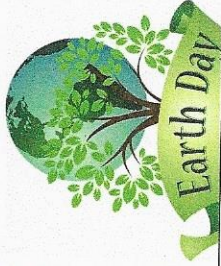
They have a beautiful orange kitty cat that is 16 years old. Harold says her days may be numbered.

Both of the Hoppes have had the Covid 19 shots and are looking forward to being able to congregate with all of us.

Again, we at Norgard want to extend a big welcome to Harold and Verna.

APRIL 2017

BRIARCLIFF MANOR APARTMENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 2 Bus for Church 8:30 UNO 1:30	 3 Movie Night 6:00	 4 65 & DOMINOES 6:30	 5 Continental Breakfast 9:00 500 at 6:30	 6 St. Andrew's Community Supper 6:00	 7 Cards @ 6:30	1 Bus for Church 4:15
9 	10 SCHWAN 12:30 65 & DOMINOES 6:30	11 SCHWAN 12:30 65 & DOMINOES 6:30	12 Continental Breakfast 9:00 500 AT 6:30	13 St. Andrew's Community Supper 6:00	14 	15 Bus for Church 4:15
16 	17 SCHWAN 12:30 65 & DOMINOES 6:30	18 SCHWAN 12:30 65 & DOMINOES 6:30	19 Continental Breakfast 9:00 500 AT 6:30	20 2:30 Birthday Bash St. Andrew's Community Supper 6:00	21 	22 Bus for Church 4:15
23/30 Bus for Church 8:30 Uno 1:30	24 Soup Sale 11:00-12:00	25 SCHWAN 12:30 Happy Hour 2:00-3:30	26 Greeting Card Sale 8-11 Continental Breakfast 9 500 at 6:30	27 St. Andrew's Community Supper 6:00	28 Cards@6:30	29 Bus for Church 4:15

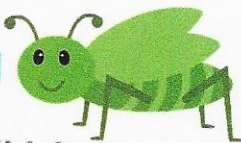


Spring Word Search



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SPRING
 MAY
 GREEN
 WARM
 UMBRELLA



MARCH
 FLOWERS
 GRASS
 SHOWERS
 EASTER



APRIL
 BASEBALL
 SUNSHINE
 RAIN
 BIRDS

