

## Norgard Cookbook

If you haven't done so already please submit your favorite recipe to be included in our Norgard Cookbook. We would like a submission from all tenants. Do you have an old family recipe?

Is there a particular food item you or your family is known for?

Do you make something that is attached to your family heritage?

Are you a baker?

Does everyone love a certain thing you make?

Is there a certain food item that brings back special memories for you?

We want to know about it, and we would love if you would share it with us!

# Norgard News

October 2019 Edition

September at a glance.....



*Chair Exercise Class hosting by the Lovely Carol Arnold.*



*There is always great company and good times at the puzzle table.*

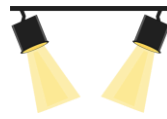
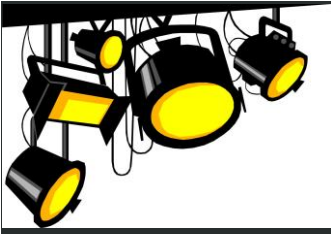


*In September our parking lot got seal coated and it looks amazing!*



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# Resident Spotlight

MYRTLE HAYES #103



## Q. HOW LONG HAVE YOU LIVED AT NORGARD?

A. 4 ½ years. I have been very happy and glad I chose Norgard for my old age. I hope I can live the rest of my life at Norgard. Please don't change it.

## Q. WHAT WAS THE LAST GIFT YOU GAVE SOMEONE?

A. I gave each of my children a check to help them out.

## Q. DO YOU HAVE ANY HOBBIES? CURRENT OR PREVIOUS?

A. Knitting, crocheting, cooking for large groups. I don't like cooking for myself.

## Q. WHAT WERE YOU LIKE IN HIGH SCHOOL?

A. I was raised on a farm so I didn't have time for sports. I had about had a dozen very close friends and many casual friends. My favorite subject was math, algebra and anything related to math. I was very shy.

## Q. WHAT IS THE BEST AND WORSE JOB YOU'VE EVER HAD?

A. I never had a job I didn't like. My favorite job was working in a distribution center training new employee. It was a real challenge, but I like a challenge.

## Q. WHAT IS THE MOST MEMORABLE VACATION YOU'VE EVER BEEN ON?

A. My 1<sup>st</sup> big vacation was going to Hawaii in the 1970s. It was me and my husbands first real big vacation without the children.

## Q. TELL US ABOUT YOUR FIRST KISS

A. Beside my mother and father it was the man who became my husband and lived with for 60 years.

## Contact Us

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## CHICKEN CHILI BY AMY & MYRT

**TUESDAY OCTOBER 1<sup>st</sup> WE WILL BE SERVING WHITE CHILI IN THE COMMUNITY ROOM AT NOON.**

**IF ANY BAKERS IN THE BUILDING ARE WILLING TO DONATE A DESSERT PLEASE STOP BY THE**



**OFFICE.**

Donations appreciated to help fund future lunches.

## Journey Through Grief Support Group

*Everyone is welcome to attend our 2<sup>nd</sup> session of the Grief Support Group.*

*Please join us on:*

**Wednesday October 16<sup>th</sup> at 10am**

*In the solarium*

*Everyone is welcome to attend.*



## Tenant Corner

In this section we will address tenant concerns, complaints, and compliments. Please stop by the office if you would like something added to the September edition of Norgard News. Together we make Norgard a great place to live, by respecting everyone's privacy, independence, and comfort of their home.

\*If you move the tables in the community room while visiting or for an event, please put them back in their original setup.

\*Welcome to Norgard: Cindy Bunch #309 & Audrey and Peter Hansen in #110.

\*Please be sure you're including your apartment number on all rent checks.

**\* Caretakers contact info:**

1<sup>st</sup> Floor Residents contact: Henry Solei 651-484-0561

2<sup>nd</sup> & 3<sup>rd</sup> Floor Residents contact: Mary Lou Murray 651-777-8690

\*Please be sure to have your check to the office before the 15<sup>th</sup> of every month to avoid any late fees.

\*Please invite neighbor to an event at Norgard. Sometime in October take the time to invite one of your neighbors to join us at any event here at Norgard. Breakfast, Potluck, Painting Class.... Anything.

\*If you have any kitchen items you would like to donate to the community room please stop by the office.

\*Ray will be taking over Thursday's chair exercises in the solarium at 10:30am.

Cake and ice cream served to everyone in the  
Community room on:

## Friday October 11<sup>th</sup> 1pm

### Birthday Bash!

#### Work Orders Reminder

*If you have something that needs repairs in your apartment please be sure to complete a paper work order.*

*Please do not leave a message on the office phone.  
The work orders are located right outside the office door for your convenience.*

#### Sunday Supper

Sunday October 27<sup>th</sup> at 4:30pm.

Menu – To be announced.

**Everyone is welcome to attend.**

Sign up sheet will be on the  
bulletin board the week before.



#### Happy October Birthday to:

15<sup>th</sup> Dee #305

18<sup>th</sup> Mikey #302

23<sup>rd</sup> Jim #216

25<sup>th</sup> Barb #106

28<sup>th</sup> Carol #316

### Pay Your Rent Electronically

Starting in October you can have your rent payment electronically withdrawn from your account for only \$5 per month.

This means you will no longer have to write out a paper check.

Please call the office for the paperwork to get started.



#### The Anonymous Poet on Saving Water

Don't run water while brushing your teeth.

'Tis the law of the land.

Unless of course - you're holding them in your  
hand.

-Anon

## October Good Neighbor Award

Please help me congratulate..... Peg Johnson #208 as the recipient of the October Good Neighbor Award. Several tenants of Norgard explained why Peg should receive the October 2019 award for being a GOOD Neighbor.

*“Peg keeps things going around here” -Norgard Neighbor.*

*“Peg does ‘behind the scenes’ things of service for others -meals, transportation, & cares about their health. Peg along with Melanie, arrange for our Sunday Suppers. Peg is a sincere friend. Peg is an organizer.” -Norgard Neighbor.*

*“Peg looks out for me when I am not feeling well.” -Norgard Neighbor.*

*“Peg cares about others and looks after them. We are lucky to have her.” -Norgard Neighbor.*

*“Peg helped keep Sunday Supper and Potlucks going. I am thankful to her and Melanie. I don’t cook so I look forward to those meals.” -Norgard Neighbor*

*Peg, thank you so much for always looking out for your neighbors and offering a helping hand. We also appreciate you being a part of the Sunday Supper Committee. We are all thankful to have you as a neighbor. Love, Amy.*

### Nomination for **November’s** GOOD Neighbor AWARD

Return this slip to the office door slot to nominate a neighbor that you think should be recognized in the September Edition of Norgard News.

Nominee \_\_\_\_\_

WHY? \_\_\_\_\_

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## Announcing the retirement of...

Mary Lou and George have decided to retire from caretaking at the end of this year. They have done a great job in their roles, but we are excited that their retirement will free up more time for them to attend more functions here at Norgard. We will be hosting a retirement party in November. See details in the November Newsletter.

THIS ALSO MEANS WE ARE LOOKING FOR A CARETAKER TO FILL THEIR SHOES. PLEASE STOP BY THE OFFICE TO RECEIVE A WRITTEN JOB DESCRIPTION AND SCHEDULE YOUR INTERVIEW WITH BRENNAN. POSITION BEGINS DECEMBER 1, 2019.

## **HALLOWEEN MONSTER MASH**

It's that time again! Last year was so much fun we are bringing the party back!

## **THURSDAY OCTOBER 31<sup>ST</sup> AT 3PM**

We will be hosting a Halloween Party/ Costume Contest! Prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place. Wine, Beer, Soda, & Snacks will be served.



## **Bake Sale**

MONDAY OCTOBER 21<sup>ST</sup> AT 11AM IN THE COMMUNITY ROOM. CAKES, COOKIES, PIES, BREADS ETC. FOR SALE.

## **PAINT CLASS**

Monday October 14<sup>th</sup> at 1pm

We will be painting a white pumpkin on an 8 X 10 canvas. \$20 per person. If you haven't attended one of our paint classes in the past: You do NOT need to have experience painting. Our artist Wanda teaches us every step of the way. Space is limited so stop by the office to reserve your canvas today.

